

Carrboro Recreation & Parks

Youth Basketball

2022



2023

Participant Handbook

1. DEPARTMENT INFORMATION

Sponsor: Carrboro Recreation and Parks Department
Address: 100 N. Greensboro St, Carrboro, 27510
Phone: 919-918-7364
Weather line: 919-918-7373
Website: <http://www.townofcarrboro.org/349/Athletics>

Office hours: 8:30am- 5:00pm (Monday - Friday)

2. PHILOSOPHY

It is the philosophy of the Carrboro Recreation and Parks Department that recreation should encompass social, physical and emotional benefits for our community's diverse population. There should be a variety of arts, athletic, and social programs, as well as events and services that encourage health, relaxation, enjoyment, cultural enrichment and learning opportunities for community involvement.

3. DEPARTMENT MISSION STATEMENT

To enrich the leisure needs and quality of life for citizens by providing accessible facilities, creative and diverse recreation opportunities and a safe public park system.

4. REGISTRATION

Youth Basketball registration is accepted on an individual basis. All participants must register for each season/program. Anyone may register male or female, to participate in the four various leagues. Participants are registered into a particular league based upon their playing age. * If requested prior to team placements, a participant may "play up". For a participant to "play up" he/she must be in the final year of their appropriate league. The request to "play up" must be made in writing and directed to the Athletic Division. No player may participate on two teams within the youth basketball program.

League

6 - 8 years old

9 - 10 years old

11 - 12 years old

13 - 15 years old

** Ages based upon August 31, 2022 cut-off date.

**** Special Request for team selection ****

When a registration form is completed for a program, any special request must be written on the form or expressed to staff in order for that information to be passed along to the volunteer coaches during the player evaluation and draft phase of team formation. SPECIAL REQUESTS ARE NOT GUARANTEED. It is not mandatory for coaches to fulfill these requests; however they are encouraged to draft with them in mind.

5. REFUND POLICY

If someone wants to cancel their registration before the season starts, they must notify the Carrboro Recreation and Parks Department in writing to be considered for a refund.

6. TEAM PLACEMENTS

The Recreation Department will designate times for team placements. Team Placement is a process used for the formation of teams in our youth athletic programs. The goal of team placements is to create a balance among all the teams in a specific league and to maintain interest among all participants by providing the fairest level of competition possible. Players who are new to a league, moving up in age group, or wish to be re-drafted, must attend at least one team placement time.

At team placements, the Recreation Department staff conducts a "mini Basketball clinic." Each participant performs specific drills to allow each coach in their league an opportunity to evaluate talent.

After all team placements, the coaches' meet to draft the teams. The following is the format of how the draft is conducted:

II. Pre Draft Status

Registered participants are classified into three categories.

- Returning to an existing team
- Pre-assigned participant
- New or unassigned participants

a. **Returning** – these players are eligible to return to the same team played on last season.

Exceptions:

1. If a father / mother become the head coach of another team, the player has the option to switch to his / her parent's team. The team releasing the player would obtain the other team's second round pick in the draft.
2. If a player's parents request for the player to re-enter team placements instead of returning to the same team.
3. If the numbers of participants decrease in a specific age group to a point that the number of teams must be reduced, those players who would have returned to a now disbanded team must attend team placements.

b. **Pre-Assigned**: The Recreation and Parks Department has the discretion to place any player on a team prior to team placements for the following reasons:

- Brothers or/and sisters on the same team
- Parent becomes the HEAD coach
- Two or more players live in the same household
- Hardship or unusual circumstance approved through the Recreation and Parks Department

c. **Unassigned/New Participants**

- New players to the program or league
- Players not returning to a disbanded team

Players electing to attend team placements instead of returning to the same team.

III. Draft Information:

The draft is established by the number of players listed on each team roster (Returning and Pre-Assigned).

The teams with the least number of players on their rosters (Returning and Pre-Assigned) will draft ahead of those teams with the more.

When teams have the same number of players on their roster, the order of the draft will depend on the previous year's records. If a team is an expansion they will draft first, regardless of record, since they have no previous record.

IV. Draft Participants: The participants in the draft will be:

- a. Head Coach
- b. Assistant Coach (s)*
- c. Designated Staff Personnel

**Note*

- a. Parents of players participating in the team placement process are requested not to attend the draft.
- b. Parents of players attending team placements may not be recruited as an assistant coach prior to the draft.
- c. Youth participants are not eligible to "sit in" on the draft.

V. The Draft

- The first two rounds each team will have one draft selection per round.
- The order will be according to roster size and last year's record. * Expansion teams would draft ahead of established teams from the previous season.
- Third round and later, the team with the least number of players will draft until it reaches the team with the next fewest.
- This process will continue until all the youth attending team placements are drafted onto teams.
- If after the last complete round of the draft there exist an insufficient number of players (undrafted) for another complete round to be conducted, these players will be selected in order determined by random draw.
- The number of players on any team returning, pre-assigned, or drafted cannot exceed 6 of any specific age.

*Exception: If the remaining participants to be drafted are only of one age, then the above rule no longer is applied.

VI. Post Draft Placements

- a. Any player failing to show up for team placements will be placed on a team at the Department's discretion.
- b. Late Registrants
Players signing up after the draft will be placed on teams by the Recreation Department.

*Consideration for POST DRAFT PLACEMENTS will be based on openings that exist or are created on team rosters.

*Players are added from a generated waiting list.

Questions concerning the Team Placement Process should be directed to the Recreation Supervisor at 919-918-7364.

7. BASKETBALL COACHES

ALL coaches are volunteers! Anyone interested in coaching must submit an application to the Recreation and Parks Department. No team is guaranteed to a coach each season. The application is reviewed by the Recreation Supervisor with a decision being made for each coach based on coaching and/or playing experience. The coach must also be in good standing with the Department – (i.e. has not violated departmental conduct rules or been difficult to work with in previous seasons). Once being assigned to coach, he/she is asked to attend various coaching training clinics. The clinical training is completed prior to working with your child on the court. Questions in reference to coaching should be directed to the Carrboro Recreation and Parks Office at 919-918-7364.

8. PRACTICES / GAME TIMES & SITES

Practice is held once during the week (Monday-Thursday) and on Saturdays prior to the season of games begins. The site and time will vary according to the gym availability, league size, and coach. Practice runs in 1 hour increments during the following **time period (weekdays)**:

6-8 League – 6:15pm to 8:20pm

9-10 League – 6:15pm to 8:20pm

11-12 League - 7:30pm to 9:35pm

13-15 League – 7:30pm to 9:35pm

Saturday practices run during the time frame of 9am to 5pm.

Practice Sites:

Frank Porter Graham

Seawell Elementary School

Estes Elementary School

Smith Middle School

Phillips Middle School

Culbreth Middle School

Games may be held on the following days:

6-8 League – Saturday during the day **

9-10 League – Saturday during the day **

11-12 League – Saturday during the day**

13-15 League – Saturday during the day**

** - tentative and subject to change based on gym availability.

Game Sites: Culbreth Middle School or Smith Middle School.

9. CANCELED PRACTICE OR GAME SITES

If practices or games are canceled by the Recreation Department, the head coach will be contacted. He / she will be responsible for notifying all parents and players of the cancellation. A message will also be left on the weather line **919-918-7373**. If the practices or games are not canceled, no message will be displayed. Decisions to cancel practices or games by the Department are based on road conditions, not forecasts.

10. CONDUCT/SPORTSMANSHIP

Providing a youth athletic program with a display of good sportsmanship from all involved (coaches, participants, and parents) is a goal of the Recreation Department. Competition can be a healthy part of any athletic program, but the degree of competition and emphasis must be kept in proper perspective. Disagreements or complaints should be expressed through the proper channels and handled appropriately by all involved (parent, coach, and staff).

Control of the playing setting is necessary to maintain and ensure that the youth participants are exposed to an atmosphere positive for recreational athletics. Parents, coaches, and players should keep in mind that the program is designed for a recreational setting where the priority is not wins and losses. Coaches and parents should provide reinforcement to all players and show support for one another. Our coaches will be instructed to inform parents and players not to make negative comments toward opposing players and coaches.

The Department has an established Code of Conduct governing action against violators of our Recreation Programs. All participants (players, coaches, and spectators) are subject to disciplinary action for any violation of these rules:

CARRBORO RECREATION AND PARKS DEPARTMENT RULES OF CONDUCT

Revised 11/88 - Adopted by Carrboro Recreation and Parks Department, May 11, 1989

The following RULES OF CONDUCT are sportsmanship guidelines utilized to maintain a positive atmosphere in recreational athletics sponsored by the Carrboro Recreation and Parks Department. These rules will be applied to all sports/athletic programs in all age groups. Each registered team will be provided with this information and it is the responsibility of the team manager/coach to inform his/her participants. Ignorance of these rules will not be considered as an acceptable excuse for violations.

GENERAL INFORMATION

- The RULES OF CONDUCT will be in effect before; during and after each game/match/practice beginning with departmental sponsored pre-season practices and continuing through the conclusion of league/tournament play. All athletic special events will be governed by these rules. These guidelines will apply to all events conducted by the department regardless of whether these events are on city owned property or rental facilities.
- Each league in each sport will have league rules to meet requirements of that particular sport. These league rules will not be considered separate from the RULES OF CONDUCT and violations of league rules can result in suspension.
- Team(s) and/or individuals suspended, as a result of infractions of the RULES OF CONDUCT will not be given refunds for team or individual fees.
- Participant - Any of the following: player, coach or assistant coach, spectator, team, team follower or an official.
- Official - Any of the following: umpire, referee, supervisor, scorekeeper, or any other Recreation and Parks Department staff person.
- Any departmental official has the authority to eject a participant from a Recreation and Parks Department event or property.
- Participants ejected from a game/match/practice must leave the facility in an expedient manner (2 minutes and less is considered expedient). Failure to do so will result in a forfeited ball game.
- Repeated violations by team(s) or individuals will result in more severe penalties being applied.
- Violations of the RULES OF CONDUCT at the conclusion of seasonal play may result in a penalty application in succeeding programs and/or seasons.
- Penalties applied for any situation or circumstance not specifically covered in these RULES OF CONDUCT will be left to the discretion of the Recreation Administrator.

RULES OF CONDUCT

1. All participants must abide by an official's decision.
2. All participants must refrain from all objectionable demonstrations of dissent at an official's decision (i.e. kicking or throwing a ball, bat or equipment, speaking loudly to an official, making any gesture toward an official, etc.)
3. During the course of a game/match, only one coach or one captain per team will be allowed to discuss decisions reached by an official with that official.
4. All participants must refrain from using unnecessary roughness against the body and person of an opposing player during the course of play.
5. All participants must refrain from using profane, obscene, or vulgar language.
6. Taunting, mocking, and/or harassment of participants or officials will not be allowed.

-----**PENALTY**-----

The participant will be ejected from the game/match and subject to the possible suspension of one (minimum) to three (maximum) games.

The length of the suspension will depend largely on: The action that warranted the ejection and the action displayed after the ejection occurred.

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7. Profane, obscene, or vulgar language used maliciously towards another participant, or official will not be allowed.
 8. Verbal abuse and/or harassment of participants or officials will not be allowed.
 9. Participants must refrain from pushing, shoving, striking, laying a hand on, or threatening any of these actions to another participant or official.
 10. The drinking or possession of alcoholic beverages or illegal drugs will not be allowed at Carrboro Recreation and Parks Department events or property.
 11. Participants must refrain from any form of physical attack as an aggressor upon another participant or official.
 12. Firearms, knives, or other weapons are not allowed at Carrboro Parks and Recreation Department's events or property.

-----**PENALTY**-----

The participant will be ejected from the game/match and suspended for the remainder of the season, or if circumstances warrant, be suspended from any further competitive programs offered by the Carrboro Recreation and Parks Department. For violations of the above laws, legal authorities will be contacted.

APPLICATION OF THE RULES OF CONDUCT

- Upon receipt of a written report describing a violation, the Athletic Program Supervisor or designee will investigate the report and will in turn apply the appropriate penalty in compliance with the RULES OF CONDUCT.
- The violator will be mailed a form letter describing the violation and appropriate penalty. Additional copies of this letter will be issued to the team coach/manager, league supervisor, officials, etc. as needed. Parent/guardian will be mailed this letter for youth violators.
- Penalties will begin immediately following the determination/notification of the penalty.
- Participants suspended from a program are suspended from attending any game/match (same program) sponsored by the Carrboro Recreation and Parks Department during the period of suspension. Same program is defined by major program category such as youth athletic programs, adult softball, etc. For example, a parent suspended because of actions at a pee wee baseball game would be allowed to participate in adult softball, but could not attend a mite baseball game or any other program in the youth athletic league for the duration of the suspension.

APPEAL OF SUSPENSIONS

A formal appeal process is available for those desiring a review of any sanctions issued.

11. UNIFORM DISTRIBUTION/COLLECTION

The Carrboro Recreation and Parks Department issues a jersey to all youth basketball participants. These uniforms are distributed to the teams prior to the first game of the season. Participants should wear their uniform to all league games but not to regular team practices. The jersey is for the child to keep as a reminder of his/her playing experience.

12. EQUIPMENT

The Carrboro Recreation and Parks Department provides each team the equipment necessary for all practices and games (balls, etc.) **No participant should bring a basketball to any practice or game.** This will prevent distractions during practice as well as the possibility of the ball being misplaced.

Tennis shoes are required for all participants. Undershirts may be worn during games as long as the undershirt is white or the same color as the game jersey.

13. SAFETY

1. Supervision - All parents should monitor the facility before dropping their child off for basketball practices or games. Please make sure that your child's coach is present. Also, practices last for one hour. Parents should be punctual when picking up their child.

2. Shoes – The shoes to be worn to play basketball should be properly checked for comfort and fit. High top basketball shoes are recommended for proper support of both the ankle as well as the foot. The shoes that you wear every day may not be the best shoes to wear when playing basketball.

1. Mouth pieces – Any player wearing a mouthpiece for either practices or games should take the proper steps to ensure that it has been fit properly.

2. Jewelry – Watches, earrings, rings, or chains should not be worn while participating in practices or games.

3. Conditioning and stretching – All participants are encouraged to work on conditioning exercises at home. Stretching should be done before partaking in strenuous activities.

14. LIABILITY

Sanctioned practices, games, and other activities are coordinated, scheduled, and endorsed by the Carrboro Recreation and Parks Department. Activities such as non-approved team practices or games, participation in other events such as group/team attendance to a college or professional game, holiday parade, meeting at privately-owned facilities may not be authorized by the Carrboro Recreation and Parks Department.

While we recognize and appreciate the intention of volunteers or parents to initiate and conduct activities to build and foster relationships beyond what is offered through the Town, please understand individuals who participate in such activities may be doing so at their own risk or with the responsibility of liability being placed on someone other than the Carrboro Recreation and Parks Department.

Parents are encouraged to inquire about whether an activity is coordinated and/or endorsed by the Carrboro Recreation and Parks Department prior to participation.